



SUPER•VISION

Supervision Training Programmes

Supervision Training Programme for Experienced Psychotherapists / Counsellors & other Health Care / Helping Professionals

100+ hrs Training as recommended by professional bodies. (IAHIP, IACP.)

The course will focus on Skills, Theory and Practice of supervision, enabling participants to become competent in the supervision of individuals and groups of psychotherapists and non-therapists while working in a humanistic, integrative and creative way.

APPLICATIONS TO:

Annie Sampson
Stonehaven Psychotherapy Centre, 2 Quin St, Limerick
Mobile 087 2320525 | www.super-vision.ie

Annie trained as a Biodynamic and Integrative Psychotherapist. She has a MSc in Supervision & Reflective Practice from Essex University, U.K., and has conducted research into supervision. She also trained as a supervisor with Professor Michael Carroll.

Annie maintains a private practice in Limerick where she supervises therapists and non-therapists on an individual basis as well as in groups. She works as a trainer and supervisor with the Tivoli Institute and on the MA in Humanistic and Integrative Psychotherapy at the University of Limerick.

Co-trainer, Mary, trained as a Gestalt Psychotherapist in UCC. She maintains a private practice in Ennis where she works as a psychotherapist, group facilitator and supervisor. Over the years, Mary has facilitated workshops and designed and presented courses, particularly in the area of 'Loss & Grief'. She also has a professional involvement with the certificate in 'Counselling Skills', NUI, Maynooth.

Applications for Super.Vision Training Programme

Please submit the following and return to: **Annie Sampson, Stonehaven Psychotherapy Centre, 2 Quin St, Limerick**

- Completed application form
- €30 non-refundable interview fee

Places will be offered to applicants upon successful interview.

Signed

Date

Next Course Date October 2010

Please return application by September 18th, 2010

SUPER•VISION

Supervision Training Programme for Experienced Psychotherapists / Counsellors & Other Healthcare / Helping Professionals

Who should apply?

- Psychotherapists / Counsellors who are eligible to supervise according to the criteria as set out by IAHIP and / or IACP or equivalent body
- Psychotherapist / Counsellors who are practicing or preparing to practice as supervisors
- Professionals in healthcare or the helping professions who are responsible for staff supervision and / or are preparing to supervise
- Those working in the Community Sectors, NGO's etc

Course content / learning outcomes:

- To be aware of the goals, tasks and functions of supervision and learn how to work with them
- To be aware of how individuals and groups learn and apply this to supervision
- To become familiar with reflection and models of reflective practice as a learning tool & to develop the internal supervisor
- To understand the theory and models of supervision
- To be able to set up, contract for, maintain and terminate a supervisory arrangement effectively
- To recognise and understand the supervisory and working relationships in supervision, including development of the supervisee
- To help supervisees use supervision
- To learn the skills of being a supervisor
- To work with individuals, groups and organisations in supervision
- To write supervisory reports and evaluations
- To be ethically aware and be able to use an ethical decision making process
- To learn the skills of being a supervisor

Learning methods:

- Role play
- Lecture / discussion
- Supervision of supervision
- Live supervision & video
- Exercises

Assessment:

- Self, peer and trainer
- Written assignments

Dates: 9 weekends, October to June
(includes weekend workshop facilitated by **Robin Shohet**)

Cost: €2500, places limited

Trainer: Annie Sampson IAHIP, IACP, ECP
Accredited IAHIP & IACP Supervisor

Co Trainer: Mary Keane IAHIP, IACP
Accredited IACP Supervisor

Weekend Workshop facilitated by:

Robin Shohet author of 'Supervision in the Helping Professions' and 'Passionate Supervision'. Robin is a supervisor and trainer of supervisors and has vast experience in the whole area of supervision and psychotherapy.

Application Form Supervision Training Programme

Please Sign & Date overleaf



Name:

Address:

Date of Birth:

Telephone: (home) (mobile)

Email:

Counselling / Psychotherapy / Professional Qualifications :
(please add date attained & name of training institute)

.....
.....
.....
.....

Training & Experience of Providing Supervision:

.....
.....
.....
.....

Your Supervision Role at Work:

.....
.....
.....
.....